

SUPER SOAKERS

Taiwanese beauty guru Xiao Kai Lao Shi tells us why he loves Hada Labo's new Hydrating Essence, a serum containing four different sizes of hyaluronic acid to deeply moisturise the skin.



Why do you like Hada Labo?

They first caught my eyes because they don't use any artificial fragrances, colourants or preservatives. I use them because I think that they are really effective, even on sensitive skin.

Any tips on how to use the new Hydrating Essence?

I like to put some of it on my makeup puff before I pick up my powder foundation for touch-ups. It helps the product meld into the skin perfectly, and is a good way to re-hydrate the skin throughout the day. [*This is a good tip for air travel as well.*]

What if I have oily but dehydrated skin?

The most important step for people with this skin type is to use a good moisturising lotion or toner right after cleansing. Many people like to skip this step, but it is important as it both deeply hydrates the skin and allows for better absorption of any products applied afterwards — and it won't make your skin feel oily.

The Hada Labo Hydrating Essence retails for \$31.90 at all Watsons stores.

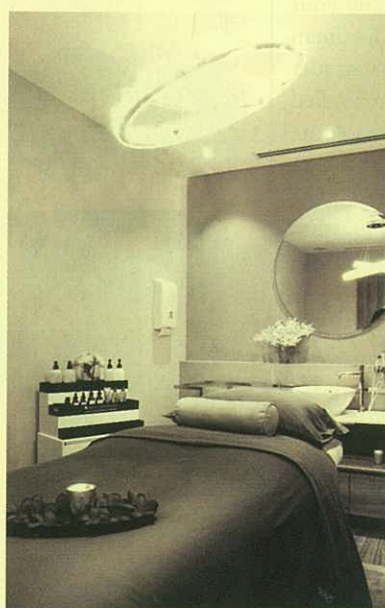


SPRAY, DON'T STRAY

Mary Chia has launched its own Mu V.Tivate facial mist, which it touts to lift and hydrate the skin within 10 minutes. The mist contains anti-ageing extracts from the African baobab "tree of life", which can live up to 6,000 years, celery extracts which are rich in vitamins and omega-6 fatty acids, as well as stem cells from the sea holly plant to stimulate cell regeneration.

DARK LIGHT

According to American beauty brand Philosophy, conventional sunscreen doesn't do enough to protect the skin. Its new Ultimate Miracle Worker range has multi-protection technology to reflect both infrared and visible light, provide broad spectrum UVA and UVB coverage, as well as a patented antioxidant complex to combat free radicals. In the long run, your complexion is smoother, firmer, and more radiant.



RED CARPET RESCUE

Freia Aesthetics Red Carpet Oxygen Facial (\$380 for 90 minutes) uses a pressurised stream of pure oxygen to infuse top-grade Intraceutical or Skinceutical serums with low-molecular weight actives into the skin. The result is an instantaneous glow and lift to the skin. Their No-Tox Facial (\$480 for 90 minutes), on the other hand, combines the former with an extra serum containing argireline to smooth out fine lines and facial contours. In other words, it's botox minus the needles.

Style: readers enjoy the facials at a special trial price of \$235 and \$295 respectively. Just quote "Style:" when booking. Freia Aesthetics is at #19-02 Wisma Atria.